

Kenyon College
Cox Health and Counseling Center
104 W Scott Lane, Gambier, OH 43022
Phone 740-427-5525
Fax 740-427-5527

Medical Information

Letter from the Associate Director of the Health Center

Dear New Kenyon Student:

The Health and Counseling Center at Kenyon is committed to providing students with the best possible medical and counseling services during the academic year. To help us prepare for your personal health care, we ask that you carefully fill out the Medical Health History form. It is very important that your telephone number(s) be clearly marked and your health care provider(s) name, address(s) and telephone number(s) be placed appropriately.

I strongly encourage you to have a complete physical examination before you leave home. Take the Medical Health History form with you and your health care provider may complete it.

Send the completed form to the Health and Counseling Center by **June 15, 2019** so that a folder may be established for you.

The information that will accumulate in your chart is completely confidential and will be released to no one, including College personnel and family members, without your written consent.

Current immunizations are mandatory for matriculation at Kenyon. The Ohio Revised Code Section 1713.55 states that any institution of higher education shall not permit a student to reside in on-campus housing unless the student discloses vaccination status of both Hepatitis B and Meningococcal Disease. The following immunizations are mandatory: Hepatitis B, MMR, Polio and updated Diphtheria/Pertussis (within the last 10 years). Even though the meningitis vaccine is not required, I highly recommend that you read the attached information sheet and strongly consider receiving this vaccination before arriving at Kenyon. For students who need to complete vaccinations already started, we will refer them to our local Knox County Health Department located 5 miles from campus in Mount Vernon, Ohio. If you are traveling from a country where Tuberculosis is common (endemic) a PPD test and/or Chest Xray is required.

A medical waiver for immunizations is posted on the Health Center website for those wishing to be exempt from the required immunizations.

If you are undergoing long-term care for a chronic condition, please enclose a brief description of your current medical condition along with a list any medications you are currently taking.

Since our staff at the Health & Counseling Center will be providing your primary care while you are at Kenyon, we expect you to provide us with a complete description of your medical and mental health concerns.

This will help us to determine if we have the resources to help you or if we may need to refer you to a specialist in the area. Please contact me prior to arrival if you require specialized medical care.

Accident insurance coverage part I is mandatory for all students and is part of your tuition and mandatory fees. This ensures unlimited access to the Kenyon Health and Counseling Center and provides \$5000 accident policy for any covered injury on campus. Part II is a comprehensive, ACA-compliant insurance plan that is optional if you have medical insurance through your parents and **mandatory** if you are uninsured. It comes at an additional cost. After the final health insurance roster is created, you will receive a link in your Kenyon email. This will include a full explanation of the insurance plan and the ability to create an online account in order to print insurance cards. If you have medical insurance through your parents, please include a front and back copy of the insurance card when you return the Medical Health History form. For more information about insurance coverage, visit our website kenyon.edu/student-life/health-counseling and click on "Student Insurance."

While you are at Kenyon, you may have a need for prescription medications. We are able to provide you with prescriptions for medications which you may fill at pharmacies in nearby Mount Vernon. These include CVS, Conway's, Foster's, Kroger, Rite Aid, and Wal-Mart. The Health Center also stocks several commonly used antibiotics, oral contraceptives, and asthma medications that we sell "at cost" to students. I recommend that you bring any over the counter cough/cold medications that you normally take to campus with you since the selection is limited in the Village of Gambier.

Conway's Eastside Pharmacy in Mount Vernon can make deliveries of prescriptions to Kenyon student PO Box. The copay and a small delivery fee will need to be charged to a credit or debit card and the bill will be enclosed with the prescription. This is a courtesy service and requires the cooperation of the student, the pharmacy, and the Health Center. For more information about this service, contact Conway's Eastside at <https://stores.healthmart.com/fosterseastsidepharmacy>.

If you have any questions, feel free to contact us. Thank you for taking the time to fill out the Medical Health History form. We look forward to working with you.

Sincerely yours,

Kimber L. Cullers, CRNP
Certified Nurse Practitioner
Associate Director, Health Center

Medical Checklist

- Completed Medical Health History Form (including photograph)
- Complete list of any and all medications you are taking
- Provide Counseling or Psychiatric history and/or needs
- Documentation of any learning disabilities
- Copy of your home medical insurance card (front/back)

Current immunizations

- Measles: Must have (2) Measles or (2) MMR
- Tetanus-diphtheria booster within last 10 years
- Hepatitis B series
- Tuberculin skin test (PPD), if from endemic area or high-risk group
- Any other pertinent immunizations: Polio, Hepatitis A, Varicella(Chicken Pox), HPV, Pneumonia

MENINGOCOCCAL DISEASE AND COLLEGE STUDENTS

What is meningococcal disease?

Meningococcal disease is a serious vaccine-preventable disease caused by the bacteria *Neisseria meningitidis*. The bacteria can cause meningitis (an inflammation of the lining of the brain and spinal cord) or sepsis (an infection of the bloodstream). There are at least 12 types of *N. meningitidis*, called "serogroups." Most meningococcal disease is caused by Serogroups A, B, C, W and Y. Approximately 1,000 cases of meningococcal disease occur in the United States each year.

What are the symptoms of meningococcal disease?

Symptoms of meningitis include stiff neck, headache, fever, nausea, vomiting, confusion and drowsiness. Indications of sepsis include fever, rash, hypotension (low blood pressure), shock and multi-organ failure. Meningococcal disease can be very serious, even life-threatening, in 48 hours or less. Death from sepsis can occur within a few hours of the beginning of the illness. Meningococcal disease can be treated with antibiotics, but quick medical attention is important. Even with antibiotic treatment, 10–15% of people infected with meningococcal disease will die. Long-term disabilities, including loss of limb(s), deafness, nervous system problems, or brain damage affect approximately 11–19% of survivors.

How is meningococcal infection spread?

Meningococcal disease is spread from person to person by exchanging respiratory and throat secretions during close or lengthy contact (for example, coughing or kissing), especially if living in the same dorm or household. Many people carry the bacteria in their throats without getting meningococcal disease. Since so many people carry the bacteria, most cases of meningococcal disease appear to be random and aren't linked to other cases. Who is at risk? Anyone can get meningococcal disease, but it is most common in infants less than one year of age, adolescents, young adults, and people with certain medical conditions. College freshmen, particularly those who live in dormitories, have a slightly increased risk of contracting meningococcal disease. Meningococcal vaccination is a safe and effective way to reduce the risk for contracting meningococcal disease. Updated: March 2017

What is the best way to prevent meningococcal disease?

The single best way to prevent this disease is to be vaccinated. There are two meningococcal vaccines that protect against the five serogroups: MenACWY and MenB. All adolescents should receive MenACWY at age 11–12. A second dose (booster) is needed at age 16. The MenB series can also be given to teens and young adults starting at age 16. Adolescents may receive MenACWY and MenB vaccines at the same time.

What else do I need to know?

The risks associated with meningococcal vaccine are much smaller than the risks associated with contracting the disease. People who are mildly ill at the time the immunization is scheduled can still get the vaccine; however, those with moderate or severe illnesses should usually wait until they recover. People should not get meningococcal vaccine if they have ever had a serious allergic reaction to a previous dose of the vaccine. Some people who get the vaccine may develop redness or pain where the shot was given, and a small percentage of people develop a fever. These symptoms usually last for one or two days.

For more information about the meningococcal vaccine, access the Vaccine Information Statements at the Centers for Disease Control and Prevention (CDC) website: <http://www.cdc.gov/vaccines/hcp/vis/vis-statements/mening.html>

<http://www.cdc.gov/vaccines/hcp/vis/vis-statements/mening-serogroup.html>

Adapted from the CDC website: <http://www.cdc.gov/meningococcal/vaccine-info.html>

MEDICAL HISTORY

Allergies: Type (medication, food, environmental)

Reaction

1.	
2.	
3.	

Medications: Name

Dosage

Reason for medication

1.		
2.		
3.		

Personal History

Please answer all questions. Indicate age of onset for all yes answers. If you have a significant health problem or need to clarify any positive answers, please attach an additional sheet.

Have you had:	Yes	No	Age	Have you had:	Yes	No	Age	Have you had:	Yes	No	Age
Measles				Asthma				Recurrent headache			
German measles				Pneumonia				Concussion			
Mumps				Hearth disease				Epilepsy (seizure)			
Chickenpox				High blood pressure				Eating disorder (anorexia, bulimia)			
Frequent colds				Skin disorder				Thyroid trouble			
Malaria				Stomach/intestinal trouble				Learning disability			
Meningitis				Kidney/bladder disease				Attention deficit disorder			
Mononucleosis				Back problems				Dyslexia			
Sinusitis				Injury/disease of joint				Frequent UTI			
Rheumatic fever				Anemia				Surgery: Appendectomy Tonsillectomy Other (list)			
Scarlet fever				Difficulty sleeping							
Tuberculosis				Frequent anxiety							
Tumor, cancer, cyst				Frequent depression				Chronic medical conditions			
EENT trouble				Worry/nervousness				Hearing loss			
Hay fever				Loss or seriously impaired function of any organ				Other:			

Family History (Check here if you are adopted and do not know your family health history.)

Relative	Age	State of Health	Health problems	Age at death	Cause of death
Parent (Male/Female)					
Parent (Male/Female)					
Biological Siblings:					
Brother/Sister (circle)					
Brother/Sister (circle)					
Brother/Sister (circle)					
Brother/Sister (circle)					

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Immunization History

This information is **mandatory** for attendance at Kenyon College. Please provide month, day and year of each immunization. You do not need to fill this in if you have a printed copy of all immunizations from your home provider. If you have started some immunizations but need to finish, we will refer you to the Knox County Health Department in Mount Vernon to complete.

Type of vaccine	1 st dose: Mo/Dy/Yr	2 nd dose: Mo/Dy/Yr	3 rd dose: Mo/Dy/Yr	4 th dose: Mo/Dy/Yr	5 th dose: Mo/Dy/Yr
Diphtheria, Tetanus, and acellular pertussis (DTaP <7 years old)					
Diphtheria, Tetanus, acellular pertussis Booster (DTap age 11-12)					
Tetanus/Diphtheria Booster (every 10 years)					
Polio (IPV, OPV). 4 doses. Required					
Measles, Mumps, and Rubella (MMR). Two Doses. Required					
Hepatitis B (Hep B). Three doses. Required					
Varicella (chickenpox). Two doses or history of disease					
Meningitis (MenACYW). First shot age 11-12. Booster age 16					
Meningitis B. Age 16-18. Three doses recommended					
Human Papillomavirus (HPV) 2 or 3 doses based on age					
Hepatitis A (Hep A). 2 dose series					
Other:					

Tuberculin Test

Note: PPD (mantoux) required only if the student is from an endemic area. Persons identified as "high risk" may be required to fill out a screening questionnaire and complete TB testing prior to arrival at Kenyon.

Mantoux/PPD ___/___/___
Date read: ___/___/___

Chest x-ray date: ___/___/___

Results:

Results: _____

Negative

Treatment type: _____

Positive *Chest x-ray required if positive*

Duration: _____

Size of induration: _____ (Must be recorded)

Immunization certification

I certify that this student has received all immunizations indicated

Signature of student, parent/guardian or physician/public clinic

Date

Other Medical Information

Are there any special medical problems you would like to bring to the attention of the health center? If so, please describe below:

Medical Insurance Information

Please attach a copy of the front and back of your insurance card.

Statement of Authorization

I completed this health history form truthfully and to the best of my knowledge.

I authorize and request the Kenyon College Health and Counseling Center to administer out-patient and in-patient, medical, and surgical services, immunizations, and to perform emergency procedures, as necessary, or to refer to duly licensed medical personnel when indicated, including transfer to outside hospitals.

I authorize any physician, practitioner, clinic, or hospital to furnish to the Kenyon College Health and Counseling Center all information concerning my case history and the treatment, examinations, or hospitalization which I received in the past, including copies of hospital and medical records for the purpose of my treatment, diagnosis, or other medical care while at Kenyon College.

Signature of Student

Date

Signature of parent or guardian (if under legal age of eighteen in the state of Ohio)

Date